

# Salisbury - Sharon, CT Bike Routes

A program of the  
Upper Housatonic Valley  
National Heritage Area



In partnership  
with the  
National Park Service



Visit [www.HouBikeWalk.org](http://www.HouBikeWalk.org) for  
map downloads and details

## Salisbury Loop

This is a 23 mile ride starts in the center of Salisbury and affords you some great views of the Housatonic River and the Twin Lakes. If you go straight on Point of Rocks Road instead of making the right and going through the underpass, you will find the hamlet of Falls Village. Other than Salisbury, Falls Village is the only place along the route to get food and drink.

Just after you make the turn onto Dugway Road, there is a put in for kayaks and canoes as well as a few picnic tables. There is also a porta-potty.

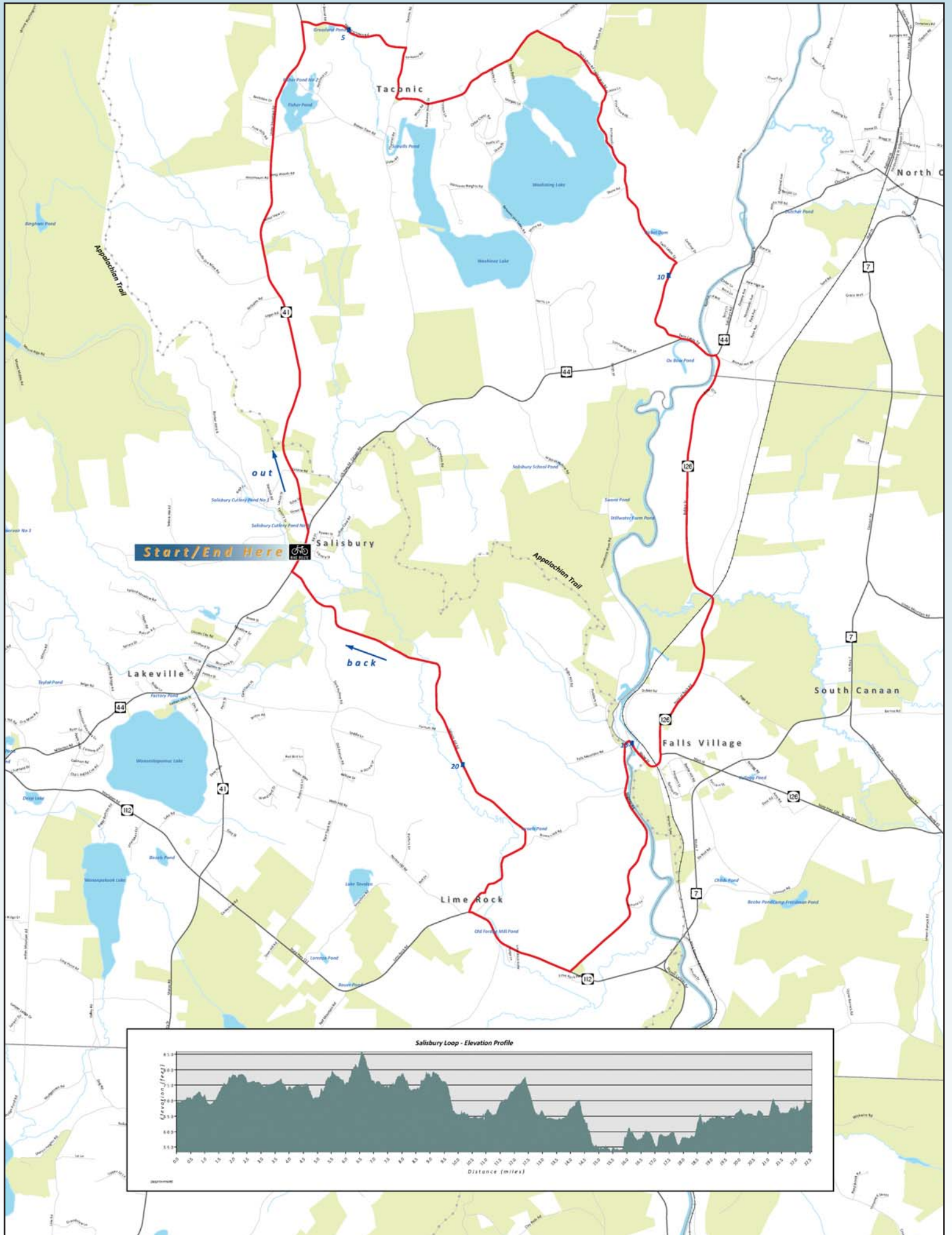
Difficulty: There are rolling hills but no long hard climbs. Route 44 has a shoulder but you need to be very cautious about crossing it. Dugway Road and Salmon Kill Road are absolute gems to ride on. All the roads are paved.

### HOUBIKE CUE SHEET

R - Right Turn  
L - Left Turn  
S - Straight  
BL - Bear Left  
BR - Bear Right  
TL - Traffic Light  
SS - Stop Sign  
Y - Yield Sign

**Distances are in miles  
and are approximate.**





# Salisbury Loop

All roads are paved

Distance Between Points	Total Distance	DIRECTIONS	NOTES
0.0	0.0	Starting at Intersection of Rt. 41/Rt. 44 and Library St., head north along Rt. 41/Rt.44	This starts in the center of Salisbury directly across from the Salisbury Town Hall
0.15	0.15	L onto Rt. 41 N (Under Mountain Road)	Rt. 44 and Rt. 41 split. The White Hart Inn will be on your right after you make the turn onto Rt. 41.
4.4	4.6	R onto Hammertown Rd	If you see a sign saying "Welcome to Massachusetts", you have gone too far.
0.9	5.5	R onto Taconic Rd	T intersection; no SS.
0.4	5.9	L onto Twin Lakes Road.	There is a small triangular "Green" on your right after you make the turn and a SS at the end of the Green.
1.4	7.3	BR - stay on Twin Lakes Road	Twin Lakes Rd makes a sharp right. Straight ahead is Cooper Hill Road – and Massachusetts.
2.5	9.8	BR; stay on Twin Lakes Rd	Twin Lakes Rd makes another sharp right. Weatogue Rd is on your left.
0.8	10.6	L at SS onto Rt. 44 E	CAUTION – Rt. 44 has high speed traffic.
0.3	10.9	R onto Rt. 126 S (Belden St.)	Just before the Railroad tracks, Belden St. becomes Point of Rocks Rd.
3.6	14.5	S at SS on Point of Rocks Rd	Rt. 126 makes a left – stay straight.
0.07	14.5	R at Y onto Sand Rd	Go through the railroad underpass.
0.04	14.6	S onto Water St.	Sand Rd becomes Water St.
0.3	14.9	L onto the one lane Blue Bridge	You are crossing the Housatonic River.
0.1	15.0	L onto Dugway Rd.	Quick left after crossing bridge.
2.2	17.7	R at SS onto Rt. 112 (Lime Rock Rd)	At the SS, a stone church is on right. Lime Rock Race Track is straight ahead.
1.0	18.7	R onto Salmon Kill Rd	
4.1	22.8	R at SS onto Rt.41/Rt.44 (Main Street)	
0.2	23	Intersection of Rt.41/Rt. 44 and Library St.	End of Route.