

Kent, CT Bike Routes

A program of the
Upper Housatonic Valley
National Heritage Area



In partnership
with the
National Park Service



Photos Courtesy of The Bicycle Tour Company



Visit www.HouBikeWalk.org for
map downloads and details

Kent Loop 1

This 10.4 mile out and back is about as flat a ride as you will find in Northwestern Connecticut. As such, it is ideal for families and those who want a mellow, scenic ride. Starting in the center of Kent you will travel through the grounds of Kent School and onto Schaghticoke Road along the west side of the Housatonic River. You will also be passing through the Schaghticoke Indian Reservation. For the last few hundred yards before you make the left onto Bulls Bridge Road, you will be riding along the Appalachian Trail!

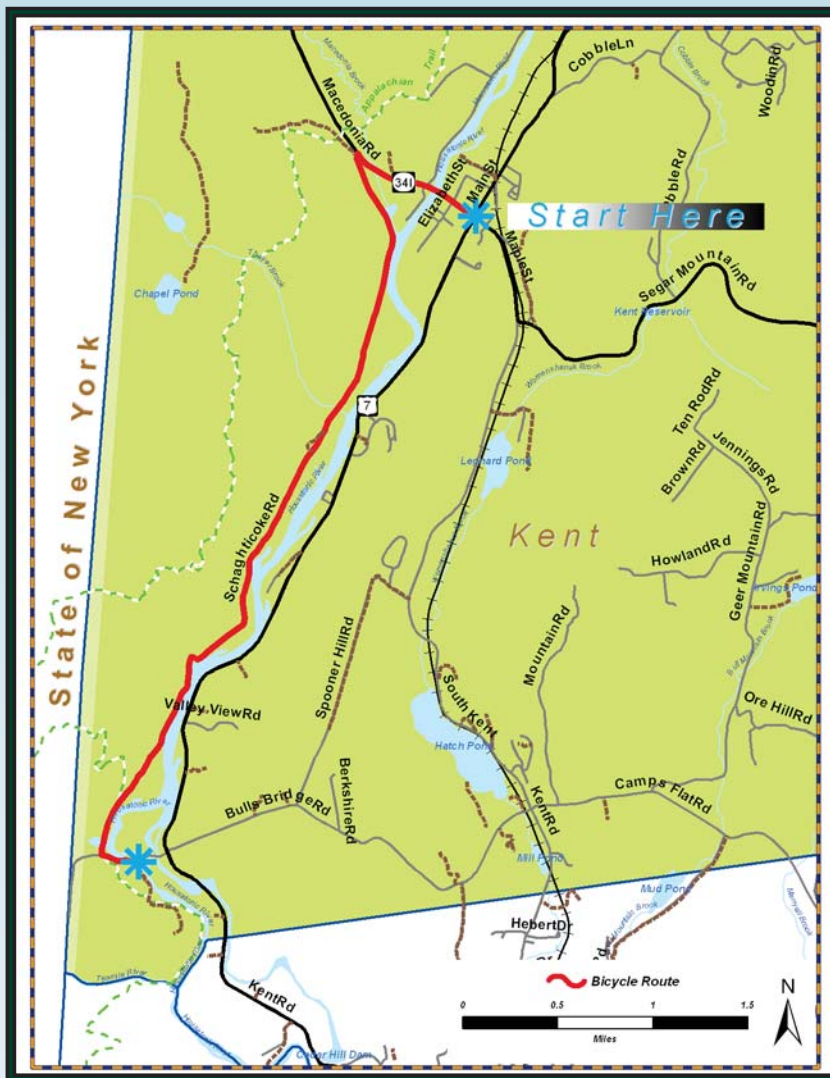
The ride ends at Bulls Bridge – a one lane covered bridge built in 1842. During the Revolutionary War, George Washington and his staff crossed an earlier bridge at this same spot. The bridge is now on the National Register of Historic Places.

HOUBIKE CUE SHEET

- R - Right Turn
- L – Left Turn
- S – Straight
- BL – Bear Left
- BR – Bear Right
- TL – Traffic Light
- SS – Stop Sign
- Y – Yield Sign

**Distances are in miles
and are approximate.**

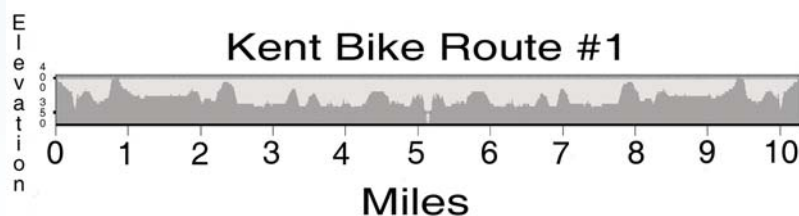




Kent Bike Route # 1 -
 10.4 miles - Easy flat bike
 ride for beginners and
 families.

Miles: Directions:

- 0.0 From the traffic light / monument in center of Kent ride in the direction of Bridge Street / 341 West.
- 0.7 Turn LEFT onto Schaghticoke Road after The Kent School.
- 5.0 At the stop sign and T-intersection, turn LEFT onto Bull's Bridge Road.
- 5.2 Stop at the scenic overlook to the right before the cover bridge, then ride back the same way.
- 10.4 Finish in the center of Kent by the traffic light / monument.



A few notes of explanation – and caution – are in order...

- All the routes are along existing roads. There are no dedicated bike paths.
- Obey the traffic laws! Under Connecticut law, bicycles are vehicles and must obey the traffic laws including stopping at traffic lights and riding on the right hand side of the road.
- Wear a bicycle helmet! And wear it properly!
- Respect the privacy of the property owners along the way.
- The good news is that the area is rural. The bad news is that services are limited. You should be sure to carry sufficient water and energy bars with you. Stock up when the opportunity presents itself.
- Cell phone service ranges from limited to non-existent. Don't count it being available.
- The Harlem Valley Rail Trail, a dedicated bike trail which runs along a north-south axis, is just to the west of Sharon and Salisbury. Routes 343 out of Sharon, Rt. 44 out of Salisbury and several smaller roads intersect with the Trail. For more information, visit the Harlem Valley Trail website, www.hvrt.org.
- There are numerous lightly traveled roads branching off of the routes described. Explore and enjoy!